

Summer 2021



## WYANDANCH UNION FREE SCHOOL DISTRICT WELLNESS WARRIORS NEWSLETTER

Gardens are Flourishing in Wyandanch Community

MLO Garden

LFH/MLK Garden

High School Garden

School Tower Gardens

Senior Nutrition Center Garden

Youth Center (FLC) Garden



MLO Garden Tour with 6th grade  
Summer School Scholars



Plaza Farmers' Market and Free Yoga



Summer Farmers Market at  
Delano Stewart Plaza

EBP (SNAP Benefits) and Fresh  
Connect coupons (FCC) accepted

Saturdays 1:00 pm — 4:00 pm

Through October 19, 2021

Summer Saturdays at Delano Stewart Plaza – 40 Station Drive  
Through September 4th

8:00 am – Yoga with Traci

**FREE**

9:00 am – Hip Hop with Gabe

10:30 am – Zumba with Accountability-x

\* Masks Required and Social Distancing followed \*

READING 'ROUND THE PLAZA at noon – Island Harvest  
will provide FREE Grab & Go Lunch (while supply lasts).

[www.wyandanchplaza.org](http://www.wyandanchplaza.org) \* 516-455-3179



## 2021: The Year to Clean Up Wyandanch

### How to Participate:

1. Download the Litterati App to your phone and create a free account. Be sure you allow it to access the phone's location. Enter the code **117982021** when you create your account to sign up for the challenge: '2021Wyandanch'.
2. Pick up gloves and bags at the Wyandanch Community Resource Center at 1585 Straight Path or the Computer Business Center at 327 Merritt Ave. (or provide your own).
3. Start using Litterati; photograph EACH piece of litter before picking it up. You can pick up litter along any street in Wyandanch.
4. Drop off your bags of litter at the dumpster in Wyandanch Park, leave next to any trash can on Straight Path OR leave along a street and text the location to 631-504-0039 so we can notify the Town to pick them up. Make sure your text says "pick up needed at..."



### Win a Prize:

The person who picks up the most litter each month will win a \$50 gift card. It may be a general card (like VISA) or to a local store. Once we announce the winner, we'll let you know where to pick it up.

**Sustainable Wyandanch**

[www.sustainablewyandanch.org](http://www.sustainablewyandanch.org)

## August is National Breast Feeding Month

Wyandanch Union Free School District is the first and still the only Long Island district to have earned Breastfeeding Friendly recognition with private lactation rooms in both Wyandanch Memorial HS and Milton Olive MS.

Not only does breastfeeding supply everything a baby's body needs, it also provides health benefits to the mom and has the following environmental benefits.

- 1) Eco-Friendly Packaging
- 2) No Greenhouse Emissions
- 3) Energy and Land Conservation
- 4) Zero "Food Miles"
- 5) Reduced Chemical and Toxin Exposure
- 6) No equipment needed during emergencies

Protecting and supporting breastfeeding are easy ways to contribute to a healthier planet and society. Contact [BFREE@northwell.edu](mailto:BFREE@northwell.edu) for more information.

*Green Child Magazine, 4/10/21*

**Plastic Free Days**—Earth Ranger students met with Food Service Manager, Ms. Rhodes, to present ideas to help reduce disposable plastic products. As a result of their meeting, Ms. Rhodes will begin to implement monthly '*plastic free days*,' using no plastic products during mealtimes. This will be a huge undertaking considering how many disposable items are routinely used to store, serve and consume foods and beverages. Goals of this initiative will be to raise awareness, educate and inform both students and adults of the need and urgency to make changes.

The Earth Rangers held a successful plastic-free party in July, using no single-use plastic. Congratulations to these students for setting an example and showing us that it is possible to make small changes.

## Upcoming Community Events and Meetings

**Community Love Talk, 8/21 3:00 pm, Wyandanch Park** ([concernedcitizensofwyandanch@gmail.com](mailto:concernedcitizensofwyandanch@gmail.com) 631-302-5963)

Please Bring a Chair

**Walk Safe With a Doc**—late September, more info to follow

**Wellness Committee Meeting**—TBA



For more information, contact:

[MGranger@wufsd.net](mailto:MGranger@wufsd.net)

[DRhodes@wufsd.net](mailto:DRhodes@wufsd.net)

[KKirschb@wsboces.org](mailto:KKirschb@wsboces.org)

Find us on Facebook!

[www.facebook.com/HSNYWSBOCES](https://www.facebook.com/HSNYWSBOCES)